



Pierrette Desrosiers
PSYCOACHING



Pierrette Desrosiers, M.Ps.
Work psychologist
Speaker . Coach

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Cultivate
the best
in people
and harvest
success
in business

ACADEMIC EDUCATION AND CERTIFICATION

PROFESSIONAL AFFILIATIONS

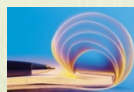
- ❖ Member of the *Association des psychologues du Québec*
- ❖ Member of the *Ordre des psychologues du Québec*
- ❖ Member of the Canadian Association of Professional Speakers (CAPS)
- ❖ Member of GSF (Global Speakers Federation)
- ❖ Member of the *Ordre des conseillers en ressources humaines agréés (Certified human resources professional (CHRP))*



STUDIES-QUALIFICATIONS

2000-1997

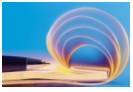
- ❖ **Master degree in Industrial and organizational psychology** (M.Ps.) University of Montreal, Qc, Canada
- ❖ **Degree of Bachelors of Arts** (B.A.) Bishop's University, Qc, Canada
- ❖ **Accredited Instructor** Emploi-Québec, Qc, Canada
- ❖ **Civil and commercial mediation program** Accredited by the *Bar of Quebec, Canada*
- ❖ **Certified coach** International Coach Federation San Francisco, USA
- ❖ **Neuro-linguistic programming practitioner** University of California at Santa Cruz, USA



ANNUAL CONVENTIONS

Continuing education for professional speakers and trainers

- ❖ 2009 NSA Convention Phoenix, Arizona, USA
- ❖ 2009 CAPS Convention Calgary, Canada
- ❖ 2008 NSA Convention New York, New York, USA
- ❖ 2008 CAPS Convention Toronto, Canada
- ❖ 2007 NSA University Marco Island, Florida, USA
- ❖ 2006 CAPS Convention Vancouver, Canada
- ❖ 2005 CAPS Convention Ottawa, Canada



CERTIFICATES

2011-2006

- ❖ Enhancement of Peak Performance in Sports, the Performing Arts and Worksite – (Daniel Brown Ph. D.) - Harvard Medical School, DCE, North Falmouth, MA, USA
- ❖ Acceptation and commitment therapy (*Jean-Louis Monestès, psychologist, and Matthieu Villate, Ph. D., psychologist*)
- ❖ Pathological manipulators : screening and effective interventions (Isabelle Nazarre-Aga, conference speaker)
- ❖ Understanding and treatment of narcissistic issues with pathological personalities
- ❖ Certified NLP Coach from the NLP and Coaching Institute of California, San Francisco, USA
- ❖ Practitioner, Neuro-Linguistic Programming (NLP), University of California at Santa Cruz, USA
- ❖ Understanding and intervention among men suffering from psychological distress

2004

- ❖ Initiation to interventions among personality disorders
- ❖ Narcissistic personality disorders: psychodynamic approach and psychotherapeutic strategies
- ❖ Unipolar depressive disorder
- ❖ Bipolar disorder
- ❖ Towards a comprehensive workplace mental health approach
- ❖ Development and writing of psychological reports
- ❖ Treatment of suicidal persons: clinical and ethical considerations
- ❖ Couples therapy
- ❖ The art of sowing in impact therapy
- ❖ Cognitive-Behavioural Psychotherapy

2003

- ❖ Brief therapy: drug dependency and other bad habits
- ❖ Cognitive-Behavioural Treatment of panic disorder with or without agoraphobia
- ❖ Cognitive-Behavioural Treatment of generalised anxiety disorder
- ❖ Understanding how psychotherapeutic agents work and their integration in clinical psychology
- ❖ Anxiety disorder in adults: Cognitive-behavioural therapy
- ❖ Intervention with clients demonstrating a personality disorder
- ❖ Couples evaluation
- ❖ Experiential learning towards a strategic development of soft competencies
- ❖ Basic training in neuro-linguistic programming (NLP)
- ❖ Re-writing love stories (couple therapy)
- ❖ Revised DSM-IV R (Diagnostic and statistical manual of mental disorders, fourth edition)

2002-1999

- ❖ Impact therapy II
- ❖ Conflicting relationships
- ❖ Impact therapy (Groups/couples/families)
- ❖ Better self-understanding
- ❖ Training the trainer
- ❖ Public speaking
- ❖ Win-win negotiation
- ❖ Time management

- ❖ Brief therapy training: Strategic interventions
- ❖ Impact techniques
- ❖ Become a better leader
- ❖ Basic training in psychotherapy Solution-focused therapy
- ❖ Conflicting relationships
- ❖ Civil and commercial mediation program (*Bar of Quebec*)

DISTINCTIONS

- ❖ 2010 - Winner of the "Woman Entrepreneur" Excel contest of the year, awarded by the CLD de la MRC of Coaticook, in collaboration with the Chamber of Commerce and Industry of Coaticook.
- ❖ 1998 – Recipient of the merit scholarship from the *Formation des Chercheurs et Aide à la Recherche* (FCAR) fund
- ❖ 1997 - The President's Prize (Bishop's University)
- ❖ 1996 - The University Prize (Bishop's University)
- ❖ 1987-1988 - Recipient, for three straight months, of the First Prize in Canada for the highest sales average per presentation for Aloette Cosmetics. Winner of a contest for the best sales in Canada and the United States.

ACHIEVEMENTS

- ❖ Monthly column in the *Bulletin des agriculteurs* since 2005
- ❖ Monthly column in the newspapers *Agricom* and *La vie agricole*
- ❖ Weekly E-Column for the Canadian Farm Business Management Council

Frequently solicited by the media for interviews and collaborations

NEWSPAPERS - MAGAZINES

Le Soleil
 The Gazette
 L'Actualité
 Magazine Moi et Cie
 La Voix de l'Est
 La Tribune
 Coup de pouce
 Travaux et innovation (France)
 Country Guide

TELEVISION

Le Point
 La Semaine Verte

RADIO

Estrie Express
 Radio Ville-Marie
 De la Terre à la Table
 Radio Beauce

WEB

MSN Style de vie
 Carrière Jobboom
 Canadian Farm Business Management Council

Co-founder, with the *Union des Producteurs Agricoles de la Beauce* and Emploi-Québec, of the first agricultural human resources management coaching club in Quebec. Pierrette Desrosiers not only developed the model, she managed the project and acted as consultant for this coaching club gathering about 20 pork and milk producers of 2 to 100 employees.

The leader of several workshops, conferences and diverse communications in the working field, in Quebec, Ontario, Prince Edward Island, British Colombia, Saskatchewan and New-Brunswick.